



Teaching Archery, one arrow at a time.

Congratulations, by reviewing this document you are taking the first steps to becoming an instructor in the National Archery in the Schools Program (NASP) in Nova Scotia. What follows is what you can expect from the training and what you should be prepared for prior to taking the course(s). There are three specific course types, Basic Archery Instructor (BAI), 8 hours, Basic Archery Instructor Trainer (BAIT) 24 hours, and Basic Archery Instructor Trainer Specialist (BAITS) 24 hours. A description of these courses follows in the rest of this brochure. We at Archery Nova Scotia look forward to you becoming an instructor within the NASP program

INSTRUCTOR DESIGNATIONS

BASIC ARCHERY INSTRUCTOR (BAI)

As a trained BAI you can teach the NASP method of archery to students of all ages.

BASIC ARCHERY INSTRUCTOR TRAINER (BAIT)

As a trained BAIT you are trained and tested to train and certify BAI's in the NASP method of archery.

BASIC ARCHERY INSTRUCTOR TRAINER SPECIALIST (BAITS)

As a trained BAITS you are trained and certified to train BAI's and BAIT's.

Training kits are only available through NASP to those certified to train and applicable organizations. The cost of the training kits vary depending on which training kit is purchased.

COURSE TYPES

Note each course covers basically the same quality of material yet each course delves into more specific detail depending on the level of the course.

The BAI course is one eight hour day, the BAIT course involves three days of training, two days of instruction and one day of training a BAI class. The BAITS course occurs when there is a BAIT course and the BAITS train the BAIT's and work with them to train the BAI's.

Cost of each course will vary depending of the level of requirements, payment in advance is **mandatory**. Typical day for each type of course will be 8 hours of instruction with a break for lunch and 15 minute breaks midway of each session. Meals and lodging are in addition to the cost of any of the courses. For any course you are required to complete a personal information sheet for registration purposes.

Current course costs are as listed below:

BAI	\$150.00
BAIT	\$250.00
BAITS	\$350.00

BAI COURSE OUTLINE

- Introductions, participants receive training kits
- Range Set up, indoor and outdoor, safety issues
- Determining eye dominance
- The string bow training aid
- Eleven steps to archery success
- Coaching positions
- CPR (Corrective Positive Reinforcement)
- Managing disruptive students
- Safety orientation
- Running the range
- Bow equipment station
- Arrow equipment station
- Students take part in demonstrating each of the parts of the course
- Exam
- Exam results entered on NASP website and cards and certificates handed out.

MINI COMPETITION

After the exams are completed and turned into the instructor to be marked, each student will run the range, at least one time with their classmates as students. Each student will shoot 5 arrows, three times at 10 meters and 5 arrows, three times at 15 meters, with a practice end prior to each distance change. You will experience the standard shooting requirements for a NASP competition. Each student shall mark their scorecard as if they are competing in a NASP competition.

GRADUATION

After the competition there may be a prize for the top archer of the day. Then the exam marks are passed out and the successful students are presented with BAI certificates and wallet size cards acknowledging their training.

The instructor will enter each student's information on the NASP website and each student will be emailed a registration number. That number is to be placed on your graduation form and wallet card.

REPORTING

One of the requirements of becoming an instructor with NASP is to report your activities annually to NASP. Those that fail to report, after a two year period, will be removed from list of active instructors.

QUESTIONS

Any questions can be directed as follows;

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